1. Have your child silently act out something he wants to tell you, instead of using words.
2. Talk about your child’s favorite winter activity; then make plans to do it together.
3. Challenge your child to make shapes or letters with her body. Can she spell her name?
4. Play a rhyming game. Ask your child to give you words that rhyme with words you say.
5. Give your child some extra bath time. Supervise while he plays in the water with plastic pitchers, cups and spoons.
6. Look through a calendar together and point out special days, such as family birthdays.
7. Design a family flag. Draw a flag shape, then you and your child can add pictures that show what makes your family special.
8. Ask your child to draw a picture of herself today. Was she feeling happy, sad, confused or angry?
9. Have an indoor picnic. Spread a blanket on the floor and play music. Let your child help choose the menu.
10. Model a healthy habit for your child and invite him to join you.
11. Ask your child to help you plan an outdoor activity. What clothes would be appropriate for the weather?
12. Use a hanger to make a letter mobile. Write new letters on paper as your child learns them. Hang them on string from the hanger.
13. Think of special ways to send your child the message: I love you.
14. Have your child practice counting to five. If this is easy, have her try counting to 10 or 20.